

CookBookPlus Desktop 2016 <> Exercises

Hold Ctl Key When Clicking Links ... Use ctl-W To Close Any Open Menus and Videos
ctl-F Will Open Search Box ... Type Keyword then Hit Enter Key ... Enter Key Again Finds Next ... Esc Key To Close

Submenu	Order	Link
<input type="checkbox"/>	1	Exercise Log Form
<input type="checkbox"/>	2	Log New Exercise
<input type="checkbox"/>	3	Add Exercise Location
<input type="checkbox"/>	4	Delete Exercise Location
<input type="checkbox"/>	5	Exercise Report
<input type="checkbox"/>	6	Differences In Forms
<input type="checkbox"/>	7	Add Exercise Type