

CookBookPlus Desktop 2016 <> Import Web Meals

Hold Ctl Key When Clicking Links ... Use ctl-W To Close Any Open Menus and Videos
ctl-F Will Open Search Box ... Type Keyword then Hit Enter Key ... Enter Key Again Finds Next ... Esc Key To Close

Submenu	Order	Link
<input type="checkbox"/>	1	Import Web Meals Utility
<input type="checkbox"/>	2	Export Web Meals
<input type="checkbox"/>	3	Save Email Attachment
<input type="checkbox"/>	4	Import Meals
<input type="checkbox"/>	5	Mark Meals As All Logged