

CookBookPlus Desktop 2016 <> Nutrition Report Accuracy

Hold Ctl Key When Clicking Links ... Use ctl-W To Close Any Open Menus and Videos
ctl-F Will Open Search Box ... Type Keyword then Hit Enter Key ... Enter Key Again Finds Next ... Esc Key To Close

Submenu	Order	Link
<input type="checkbox"/>	1	Nutrition Report Accuracy Dependencies
<input type="checkbox"/>	2	BMR Derived From Profile Values
<input type="checkbox"/>	3	BMR Factor Applied
<input type="checkbox"/>	4	Nominal BMR Factor
<input type="checkbox"/>	5	Use Extended Report Period
<input type="checkbox"/>	6	Adjust BMR Factor To Match Reality
<input type="checkbox"/>	7	Good Data Makes Accurate Reports