

CookBookPlus On The Web 2016 <> Exercise Logs Page

Hold Ctl Key When Clicking Links ... Use ctl-W To Close Any Open Menus and Videos

ctl-F Will Open Search Box ... Type Keyword then Hit Enter Key ... Enter Key Again Finds Next ... Esc Key To Close

Submenu	Order	Link
<input type="checkbox"/>	1	Overview
<input type="checkbox"/>	2	3 Different Forms
<input type="checkbox"/>	3	Records Date Range
<input type="checkbox"/>	4	Calories Calculations
<input type="checkbox"/>	5	Locations and Types
<input type="checkbox"/>	6	Locations
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<input type="checkbox"/>	8	Biking Exercises
<input type="checkbox"/>	9	Running/Walking Exercise
<input type="checkbox"/>	10	Other Exercise
<input type="checkbox"/>	11	Internet Calories Calculator
<input type="checkbox"/>	12	Net Calories Adjustment