

CookBookPlus On The Web 2016 <> USDA Food Values Database Page

Hold Ctl Key When Clicking Links ... Use ctl-W To Close Any Open Menus and Videos

ctl-F Will Open Search Box ... Type Keyword then Hit Enter Key ... Enter Key Again Finds Next ... Esc Key To Close

Submenu	Order	Link
<input type="checkbox"/>	1	Overview
<input type="checkbox"/>	2	USDA Research Values
<input type="checkbox"/>	3	Page Layout
<input type="checkbox"/>	4	USDA Database Details
<input type="checkbox"/>	5	Record Navigation & Synchronization
<input type="checkbox"/>	6	USDA Evaluation Choices
<input type="checkbox"/>	7	Unfiltered List = Unsynced Forms
<input type="checkbox"/>	8	Select USDA Item
<input type="checkbox"/>	9	Re-Sync Page
<input type="checkbox"/>	10	Navigate To Different USDA Food Item
<input type="checkbox"/>	11	Add New Ingredient
<input type="checkbox"/>	12	Select USDA Food Item
<input type="checkbox"/>	13	Pick How Evaluated Record
<input type="checkbox"/>	14	As Is Method
<input type="checkbox"/>	15	Per Oz Method
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Submenu	Order	Link
<input type="checkbox"/>	17	Mul X Method
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