

CookBookPlus On The Web 2016

Hold Ctl Key When Clicking Links ... Use ctl-W To Close Any Open Menus and Videos
ctl-F Will Open Search Box ... Type Keyword then Hit Enter Key ... Enter Key Again Finds Next ... Esc Key To Close

Submenu	Order	Link
<input checked="" type="checkbox"/>	1	Quick Tour
<input checked="" type="checkbox"/>	2	View This Before Getting Started
<input checked="" type="checkbox"/>	3	Log In Page
<input checked="" type="checkbox"/>	4	Main Form Page
<input checked="" type="checkbox"/>	5	Daily Calories Snapshot Chart
<input checked="" type="checkbox"/>	6	Daily Calories Report Page
<input checked="" type="checkbox"/>	7	Exercise Logs Page
<input checked="" type="checkbox"/>	8	Food Item Ingredients Page
<input checked="" type="checkbox"/>	9	Quantities Measures Food Categories Page
<input checked="" type="checkbox"/>	10	USDA Food Values Database Page
<input checked="" type="checkbox"/>	11	USDA Food Values Database Online
<input checked="" type="checkbox"/>	12	Manage User Accounts Page