

# CookBookPlus Web Site Videos

Hold Ctl Key When Clicking Links ... Use ctl-W To Close Any Open Menus and Videos  
ctl-F Will Open Search Box ... Type Keyword then Hit Enter Key ... Enter Key Again Finds Next ... Esc Key To Close

Submenu	Order	Link
<input checked="" type="checkbox"/>	1	<a href="#">CookBookPlus Desktop 2016</a>
<input checked="" type="checkbox"/>	2	<a href="#">CookBookPlus On The Web 2016</a>
<input type="checkbox"/>	3	<a href="#">Home Page - We Make It Easy</a>
<input type="checkbox"/>	4	<a href="#">Home Page - Know Your BMR</a>
<input type="checkbox"/>	5	<a href="#">Home Page - Log Your Nutrition</a>
<input type="checkbox"/>	6	<a href="#">Home Page - Get Physical</a>
<input type="checkbox"/>	7	<a href="#">Home Page - See The Results</a>
<input type="checkbox"/>	8	<a href="#">Home Page - How To Calculate Your Basal Metabolic Rate</a>
<input type="checkbox"/>	9	<a href="#">How To Use - Daily Calories Snapshot Calculator</a>
<input type="checkbox"/>	10	<a href="#">DNA Page - The Smart Solution For Busy People</a>
<input type="checkbox"/>	11	<a href="#">Contacts Page - CookBookPlus History</a>
<input checked="" type="checkbox"/>	12	<a href="#">Contacts Page - Sales Manager 2016</a>
<input checked="" type="checkbox"/>	13	<a href="#">Contacts Page - Media Collection Links Manager Desktop 2016</a>

Submenu	Order	Link
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<input type="checkbox"/>	14	<a href="#">Contacts Page - Media Collection Links Manager On The Web</a>
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<input checked="" type="checkbox"/>	15	<a href="#">Contacts Page - Home Inventory 2016</a>
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<input type="checkbox"/>	16	<a href="#">Contacts Page - Web Logs Manager</a>
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<input checked="" type="checkbox"/>	17	<a href="#">Kayaking Stuff</a>
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