

CookBookPlus Web Site Videos

Hold Ctl Key When Clicking Links ... Use ctl-W To Close Any Open Menus and Videos
ctl-F Will Open Search Box ... Type Keyword then Hit Enter Key ... Enter Key Again Finds Next ... Esc Key To Close

Submenu	Order	Link
<input checked="" type="checkbox"/>	1	CookBookPlus Desktop 2016
<input checked="" type="checkbox"/>	2	CookBookPlus On The Web 2016
<input type="checkbox"/>	3	Home Page - We Make It Easy
<input type="checkbox"/>	4	Home Page - Know Your BMR
<input type="checkbox"/>	5	Home Page - Log Your Nutrition
<input type="checkbox"/>	6	Home Page - Get Physical
<input type="checkbox"/>	7	Home Page - See The Results
<input type="checkbox"/>	8	Home Page - How To Calculate Your Basal Metabolic Rate
<input type="checkbox"/>	9	How To Use - Daily Calories Snapshot Calculator
<input type="checkbox"/>	10	DNA Page - The Smart Solution For Busy People
<input type="checkbox"/>	11	Contacts Page - CookBookPlus History
<input checked="" type="checkbox"/>	12	Contacts Page - Sales Manager 2016
<input checked="" type="checkbox"/>	13	Contacts Page - Media Collection Links Manager Desktop 2016

Submenu	Order	Link
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<input type="checkbox"/>	14	Contacts Page - Media Collection Links Manager On The Web
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<input checked="" type="checkbox"/>	15	Contacts Page - Home Inventory 2016
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<input type="checkbox"/>	16	Contacts Page - Web Logs Manager
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<input checked="" type="checkbox"/>	17	Kayaking Stuff
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